

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal



OPTION 1

1

OPTION 2

2

Veggies



Pasta



Sandwiches



Sweet Treats



Margherita pizza & oven baked wedges 	Cheesy bean pasta bake   	Vegetable sausages with roast potatoes & gravy 	5 bean chilli with Mexican rice   	Vegetable nuggets, chips & tomato ketchup 
Cajun chicken pizza & oven baked wedges	Mild chilli beef & bean macaroni cheese	Roast gammon with roast potatoes & gravy	Chicken fajita with Mexican rice  	Fish fingers, chips & tomato ketchup
Green beans & sweetcorn 	Broccoli 	Broccoli & roasted carrot 	Rainbow vegetables 	Baked beans 
Penne pasta with house tomato sauce  	Penne pasta with a creamy cheese sauce  	Creamy pesto penne pasta  	Penne pasta with a creamy cheese sauce  	Penne pasta with house tomato sauce  
Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Cheese or Tuna mayo
Chocolate shortbread 	Fruit crumble & custard 	Orange jelly & mandarins 	Sliced fruit selection 	strawberry yogurt & strawberry sauce 

Available Every Day -

Crunchy Colourful Salad Bar
Jacket Potato with Cheese, Beans, Tuna Mayonnaise or Cheese & Beans
A choice of Fruit, Jelly or Yoghurt



KEY

Wholegrain  Vegetarian 

Nutritionist's Choice  Vegan 

	Monday	Tuesday	Wednesday	Thursday	Friday
<div><div>Main Meal</div><div></div></div>	Margherita pizza & oven baked wedges	Baked creamy mac 'n' cheese	Roast Quorn fillet with mashed potatoes and gravy	Mixed bean & vegetable fajita with Mexican rice	Vegetable sausages, chips & tomato ketchup
	Sweet chilli salmon melt & oven baked wedges	BBQ chicken loaded mac 'n' cheese	Pork sausage stuffed yorkie, mashed potatoes and gravy	Mild beef chilli topped jacket potato with nacho crunch	Fish & chips with tomato ketchup
<div>Veggies</div>	Peas	Rainbow vegetables	Broccoli & roasted carrots	Crudites and salad bar selection	Baked beans
<div>Pasta</div>	Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce	Creamy pesto penne pasta	Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce
<div>Sandwiches</div>	Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Cheese or Tuna mayo
<div>Sweet Treats</div>	Watermelon wedge	Apple pie with custard	Chocolate sponge & chocolate sauce	Watermelon wedge	Fruity flapjack

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<div><div>Main Meal</div><div></div></div>	Mixed bean bolognaise with penne pasta 	Vegetable sausage stuffed yorkie, mashed potatoes with gravy 	Roast Quorn fillet with roast potatoes & gravy 	Cauliflower & chickpea korma with mixed rice 	Quorn dippers, chips & tomato ketchup
	Beef & lentil bolognaise with penne pasta 	Pork sausages with mashed potatoes & gravy	Roast chicken breast, roast potatoes & gravy	Chicken & chickpea korma with mixed rice 	Fish fingers, chips & tomato ketchup
<div>Veggies</div> <div></div>	Green beans & sweetcorn 	Peas & carrots 	Broccoli & roasted carrots 	Tomato, cucumber & carrot salad 	Baked beans
<div>Pasta</div> <div></div>	Penne pasta with a creamy cheese sauce 	Penne pasta with house tomato sauce 	Penne pasta with a creamy cheese sauce 	Penne pasta with house tomato sauce 	Creamy pesto penne pasta
<div>Sandwiches</div> <div></div>	Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Cheese or Tuna mayo
<div>Sweet Treats</div> <div></div>	Lemon shortbread 	Orchard crumble with custard 	Strawberry yogurt & strawberry sauce 	Chocolate & orange brownie 	Sliced fruit selection

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